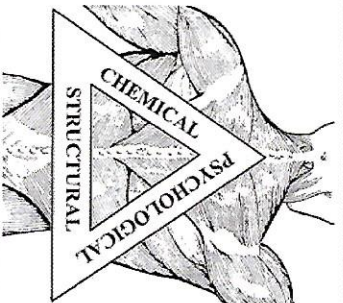


12 Hour Course Outline

SATURDAY - JUNE 6

9:00 AM Doctors introduce themselves; Intro to Applied Kinesiology including history, Dr. Goodheart, Dr. Arnold Forster; define the 5 factors of AK; how to muscle test with demonstration and breakout practical section.



10:00 AM Basic anatomy and neuroanatomy; origin-insertion, spindle fibers, Golgi tendons; innervation of the muscles we will be covering; the science behind Applied Kinesiology.

11:00 AM Review the primary upper body muscles including anatomy, detailed charts, how to test, and breakout practical section. Muscles included: teres minor, subscapularis, coracobrachialis, anterior deltoid, pec major clavicular, latissimus dorsi, upper trapezius, pec major sternal, anterior deltoid scapular division, lower trapezius, posterior lateral deltoid.

12 Noon Review the secondary upper body muscles including anatomy, detailed charts, how to test, and breakout practical section. Muscles included: Subscapularis superior division, pec major clavicular, serratus anterior, infraspinatus middle division, anterior deltoid middle division, subscap inferior, bicep brachii long head, rhomboid minor, delt anterior scap, brachioradialis septal division.

1:00 PM Lunch (on your own).

2:00 PM Review the primary lower body muscles including anatomy, detailed charts, how to test, and breakout practical section. Muscles included: TFL posterior, obturator externus, Glute Medius Anterior, Glute Medius Posterior, 794 (aka Rectus Femoris Reflected), Sartorius, Psoas, 796 (aka Rectus Femoris), 710 (aka Iliacus).

3:00 PM Review the secondary lower body muscles including anatomy, detailed charts, how to test, and breakout practical section. Muscles included: 794, superior gemellus, Glute Minimus Anterior, Glute Medius Post,

796 with bent knees (aka 796-hypo, hyper), adductor longus short head, vastus medialis middle division, psoas diaphragmatic division.

4:00 PM Demonstrations of regional exams: reviewing muscles previously covered but organized by region to produce a fluid exam in shoulder and hip, including breakout practical section.

5:00 PM Review of all muscles and charts covered in day 1, plus all regional exams.

SUNDAY - JUNE 7

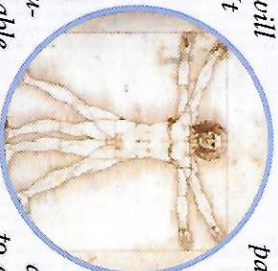
8:00 AM Review spinal muscles including quadratus lumborum, 3 divisions of Glute Max, 3 lumbar spinal erectors; demonstration of lumbar regional exam with breakout practical section; demonstration of focused profiles of common patterns exhibited by patients, including chart and breakout practical section.

9:00AM Therapy Localization; the TL scan as an exam including chart and practical breakout section; the TL reflexes and other neurovascular or neurolymphatic reflexes as common points used to clear weaknesses.

10:00 AM Nutritional support for the subluxation.

11:00 AM Lifestyle changes and dietary recommendations to make based on clinical findings.

The key to this seminar and to your success as a doctor, is to get at the root cause of the patients' issues. When you do this, patients will pay for this service. It is all about results. generate a n d s h o r t p a t i e n t s t e r m s t u d e n t s t o e d u c a t e a n d c o a c h a s w e l l a s c o r r e c t, t h e n a t u r a l e n d r e s u l t i s a n e x p l o d i n g p r a c t i c e. D o n ' t m i s s t h e o p p o r t u n i t y t o l e a r n f r o m a h i g h l y s u c c e s s f u l s e c o n d g e n e r a t i o n c h i r o p r a c t o r w h o w a n t s y o u t o b e n e f i t f r o m h i s k n o w l e d g e a n d e x p e r i e n c e.



Dates, Times and Location

Saturday, June 6, 2015

Registration 8:00 am
Lecture 9:00 am - 6:00 pm
Bonus 7:00 pm - 8:00 pm

Sunday, June 7, 2015

Lecture 8:00 am - 12:00 noon

Laguardia Plaza Hotel

104-04 Ditmars Boulevard
East Elmhurst, NY
718-457-6300

(Ask for the Nutri-West Seminar Group Rate of \$155/night. **MUST** respond to hotel by May 5, 2015)

Fees

Licensed Professional \$ 295.00
After May 27, 2015 add \$50 \$ 345.00

Spouse (Non-Doctor) Free
(Space permitting)

*CE Credits (If needed) \$ 40.00

*12 C.E.U.'s through Logan College.

NY, CT, MA, RI, NH, VT
Note: Space is limited, so please reserve your spot early.

Cancellations / Refunds

A cancellation fee of 25% is charged if cancellation is made less than ten (10) days before the seminar, or if the registrant is a No Show (due to hotel guarantee requirements, we cannot make exceptions to this policy).

Nutri-West NY will not assume any responsibility of any kind whatsoever in the event the Seminar is cancelled due to events beyond its control. The Seminar will be rescheduled or refund paid.

Registration

Call: 1-888-227-5469

Email: jerry.bcsnutri@gmail.com

BONUS SEMINAR • FREE to All Attendees!

Go grab a quick bite, and come back at 7:00 PM for a one hour presentation on the business aspects of running a 100% cash practice. Dr. Forster has had a thriving exclusively cash practice for years, and will share his lucrative approach with you. Again, free to all attendees, but you must register for this when you sign up for the seminar.